## ENERGY SAVINGS PLAN FOR THE FAMILY

There are several easy ways you and your family can save energy at home! Print this page, assign each energy-saving task, then place it on your fridge so your family can work together to save energy – and money.

WAY TO SAVE ENERGY	ASSIGNED TO:
Turn off lights in empty rooms.	
Replace any incandescent and/or CFL bulbs with LED bulbs.	
Turn off electronics that aren't in use (TVs, gaming consoles, etc.).	
Unplug phone chargers that aren't in use.	
Turn off ceiling fans in empty rooms.	
Adjust the thermostat when you leave the house. (Set it higher in the summer and lower in the winter.)	
Once a week, make a meal that doesn't require cooking in the kitchen. (Make PB&Js or cook outside.)	
Make sure all doors and windows and closed when the air conditioner or heater is running.	

